

FOUR SIGMATIC®

CHAGA

'YOUR DAILY
BODYGUARD'



WHY

- High antioxidant properties
- Helps to support immune functions

WHEN

Drink in the morning
and during flu season



MIX. SIP. ENJOY.

how to
use?



FOUR SIGMATIC®

CORDYCEPS



WHY



- Energy and performance
- Cordyceps is an adaptogen, not a stimulant

WHEN

Drink before sports or
while being active



MIX. SIP. ENJOY.

how to
use?



FOUR SIGMATIC®

REISHI

LOG GROWN REISHI



WHY



- Stress and sleep
- Can help you relax and get a good night's sleep

WHEN

Drink two hours before
going to bed or during
a stressful day



MIX. SIP. ENJOY.

how to
use?



FOUR SIGMATIC®

LION'S MANE



WHY

- Brain and nervous system
- Supports memory and concentration



WHEN

Drink when concentration
is required



MIX. SIP. ENJOY.

how to
use?

